

OCTOBER 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Cardiff/Camilla students bring sparring gear to every class as no set days.	Sept 30	1	2 Green/brown/Jr Black 11 & under Sparring class 7-8 pm Every Wednesday at the St. Albert dojo	3 Sean Carter seminars	4 Friday sparring classes 7:10-8:30 pm for 12+ yrs Red to Black Belts every Friday	5 SPAR TOURNNEY No kobudo
6	7	8	9	10 SWEAT! Classes 5:00 and 7:15 today 35+yrs have option to train upstairs	11 PD Day Camp Register online!	12 There WILL be kobudo classes today
13	14 Dojo closed Thanksgiving	15 Camilla parents bring kids to class for 3:15 start	16 Sparring White to red kids classes	17 Sparring today in children's classes Cardiff classes today instead of Friday	18 Black Belt Evaluation Friday sparring cancelled in St. Albert and Cardiff moves to Thursday	19
20	21	22 Sandan & above class upstairs 7:15 Brown/Jr. Black in main dojo with Nidan & below	23	24 Sparring today in teen/adult classes 7:15 class the 35+ can choose to train upstairs	25	26 Karate Alberta officials training and karate seminars at dojo Check Karate Alberta website
27 Karate tournament in Edmonton hosted by Karate Alberta Visit KA website to register	28	29 Sparring at Camilla	30 Kyu Test Day No regular classes except Kickstart In St. Albert	31 DOJO CLOSED	Nov 4 – Ladies self defense workshop for ages 13+ yrs.	Black Belt Test Nov 16