



DOJO KATA TOURNAMENT

3 Rowland Crescent, St.Albert

**SATURDAY
MARCH 1
2025**



As part of our continuing efforts to improve confidence in our ability to perform, we will be holding our annual in house kata tournament.

All students are invited to take part. This includes white belts as long as they can roughly get through sanchin kata, and don't worry we will be there to help them!

It is a great opportunity for all students to demonstrate their karate in a tournament environment in preparation for **Spirit of the North 2025 in the Spring**.

CHECK IN TIMES



9:30 Officials meeting

9:45 White/ yellow/ blue belt children 11 yrs & under

10:15 Red/ purple belt children 11yrs & under

10:45 Green belt children 11yrs & under

11:15 Brown/ Jr. Black belt children 11yrs & under

12:00 White to green belts 12yrs to adult

12:30 Brown/ Jr. Black/ Black Belts 12yrs to adult

- Each competitor will perform two kata and your two scores will be averaged for your final score. Students green belt and above must do two different kata. Students purple belt and below can repeat the same kata if they choose. Blue belts and above cannot do sanchin.
- To avoid congestion in the dojo we ask that participants try not to arrive early.
- **Black Belts** who are able to officiate please sign up at the office by **Wed, Feb 26**. Regular officials attire expected.
- **Junior Officials** Jr. Black Belts 12+ years who have done officiating training are also encouraged to sign up to officiate. Beginners may be shadowing and those who have some experience will be officiating.
- **Volunteers** are needed for scorekeeping, registration desk, ring assistance and food for volunteers. Please let Sensei Janet know if you can help by leaving a message at **780-458-6931** or email to desakarate@shaw.ca or sign up on the bulletin board.
- No regular classes at the St. Albert dojo.



KATA CHALLENGE REGISTRATION FORM

\$20 per person to a max of \$55 per family if registered by Feb 25.

\$25 per person to a max of \$65 per family after Feb 25 however no registrations will be accepted after the evening of Feb 27.

NAME (S)	AGE	MALE	FEMALE	RANK	BEST PHONE NUMBER TO REACH YOU	E-MAIL ADDRESS

We require the following volunteers: Officials, scorekeepers, registration desk, ring helpers and food for volunteers. If you can help please email desakarate@shaw.ca or sign up on the bulletin board at the dojo.

Note: Cash or cheque made out to MEM Karate.
eTransfer to desakarate@shaw.ca is acceptable.

FORM MUST BE SENT AT SAME TIME AS PAYMENT

TOTAL FEE PAID \$ _____