OCTOBER 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Thinking about kobudo (weapons) training? Try a free class on Wed at 7:10 or Saturdays at 10 at St. Albert dojo	Make sure to have at least your sparring gloves at all classes this month	Next Moai Nov 8 from 1-3 pm Sandan & above RSVP by Nov 1	Sparring class for youth 14 & under who are purple belt or higher every Wed at 6:00 in St. Albert dojo	1	2	3
4	5 Teen/Adult Sparring Main dojo all ranks 35+ option traditional upstairs all ranks (yellow-green done 8:10)	6	7	8	9	10 St. Albert Dojo closed for Thanksgiving weekend
11	12 St. Albert Dojo closed for Thanksgiving weekend	13	14	15 Cardiff classes run today!	16 NO Cardiff today – moved to Thursday Black Belt candidate evaluation 7:15 pm	17
18 Free Sparring training for Brown/Jr. Black/Black all ages 12:00-2:00 at St. Albert dojo	19 PD Day Camp at St. Albert dojo Register online at desacamps.com	20	21 Kyu Test Day No evening classes	22 Guest instructor for purple & above – see flyer Preregistration required Check flyer for schedule changes for teen/adults regular classes	23 Guest instructor for purple & above – see flyer Preregistration required Cardiff classes still running but if you choose to go to workshop you can do a makeu in St. Albert anyutime.	24 Shito-Ryu Tournament in Sherwood Park Preregister or register at the door Info at the office
25	26	27	28 Sparring Day kids classes	29 Sparring Day kids classes Sandan and above class upstairs 7:10	30 Ladies Self Defense Workshop Nov 15 from 1-4 for Teens/Adults! Info and registration form on website	31 Yes there is kobudo Sunday, Nov 1 Free Sparring training for Brown/Jr. Black/Black all ages 12:00-2:00