

SEPTEMBER 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Thinking about kobudo (weapons) training? Try a free class on Wed at 7:10 or Saturdays at 10.	Aug 31 Fall schedule starts	Sept 1	2 Sparring class for youth 14 & under who are purple belt or higher every Wed at 6:00	3	4	5 Closed for Labour Day Weekend
6	7 Closed for Labour Day Weekend	8	9 Sparring Day kids classes	10 Sparring Day kids classes	11 Cardiff classes start	12 Leadership workshop 1-3 pm for all levels Moai – Sandan & above RRSP by Sept 4 5-7 pm
13 Sparring training for Brown/Jr. Black/Black all ages 12:30-2:00	14 Teen/Adult Sparring Main dojo all ranks 35+ option traditional upstairs all ranks (yellow-green done 8:10)	15 Camilla classes start Potentail Black Belt candidates mandatory workout 7:10 class upstairs	16	17 Sandan and above class upstairs 7:10	18 SWEAT! Purple/Green/Brown/Jr. Black kids classes. Wear workout clothes and all students in main dojo	19
20 Karate Alberta Training at dojo See poster on bulletin board for details or ask at office or ask Sempai Noah	21 Sparring Day kids classes	22 Sparring Day all classes 7:10 class 35+ can go upstairs for traditional training	23	24	25	26
27	28 Teen/Adult Sparring Main dojo all ranks 35+ option for traditional upstairs all ranks (yellow-green done 8:10)	29	30	Next Kyu test is October 21. No evening classes	Ladies Self Defense Workshop Nov 15 from 1-4 for Teens/Adults!	Make sure to have your sparring gloves at all classes this month.