

**SOUTH CALGARY 22<sup>nd</sup>**

**ANNUAL SPRING  
WORKSHOPS AND  
TOURNAMENT**

**Invitational**

**FEB 28 – MAR 3, 2019**

**KARATE**

**Guest Instructors:**

**Sensei Denis Labbe, President SWKKF, Sensei Darren  
Humphries, Sensei Michel Gosselin and Sensei  
Heather Fidyk**

**Advanced Kumite Clinic with Sensei Luis Plumacher**

# DETAILS

## Workshops & Clinics (Addresses and Prices on next page)

Workshop / Clinic	Date(s)	Time	Location	Who
SWKKF Officials Clinic	Thursday Feb 28	7-10pm	West Island College	Brown & UP
Youth Workshop	Friday Mar 1	6-7:15pm	Crescent Point Regional Field House	White to Green 6-14 years
Adult Workshop	Friday Mar 1	7:30-9:30	Crescent Point Regional Field House	White – Black 15 to Adult
Scorekeeping Q&A	Friday Mar 1	6:45-7:15	Crescent Point Regional Field House	Any Volunteer Scorekeepers
Sensei Luis Plumacher Advanced Kumite Clinic	Sunday Mar 3	9:30-12:30 (set up 9am)	Deer Run Community Centre	Kumite ages 10+

### Registration Options

- Online Registration- submit by Feb 23<sup>rd</sup> to receive Free Souvenir Tournament T-Shirt
- Online Registration - Available until Feb 27, 2019
- Registration - Friday at Workshops
- Late Registration - day of tournament – 8 – 8:30am

[ONLINE REGISTRATION LINK](#)

### Volunteers

#### Set up\* Take Down\*Registration\*Scorekeeping\*First Aid\*Hospitality Room

Sign up online [LINK](#)

Scorekeeping clinic online [LINK](#)

[VOLUNTEER LINK](#)

### Annual Cash Raffle Draw \$5/ticket

Our Annual Raffle draw will occur after the Tournament.

All sold ticket stubs, money, and unsold tickets must be returned prior to the draw.

### Hotel Suggestions

- Best Western Plus Okotoks Inn & Suites (403) 995-6262
- Lakeview Inn & Suites (403) 938-7400
- Okotoks Inn (403) 938-4101

### Additional Information

- Check Google maps for Location and directions for each event
- Parking – Lots of Parking
- Food– Cafeteria in building – driving distance to restaurants
- Seating – Lots of seating above tatamis
- No flash Photography
- Respectful spectators only

## Tournament Overview Saturday Mar. 2, 2019

- 8:00 Officials Meeting & Volunteer Meeting  
Final Registration for Tournament
- 8:30 Registration Closed
- 8:45 Opening Ceremony
- 9:00 Black Belt Shindo  
Kyu Rank Shindo Divisions  
Black Belt Masters Kata  
Black Belt Men Kata  
Black Belt Womens Kata  
Marshal and organize JFK & Youth White - Orange divisions  
If enough Officials begin JFK&Youth White-Yellow divisions
- 10:00 Youth divisions begin  
Marshal and organization of Youth Orange divisions
- 12:00 Youth divisions  
Marshal and organization of Youth Green - Brown divisions
- 1:00 Finish up white – Orange youth divisions  
Youth Green – Brown divisions  
Black Belt Open Kata  
Black Belt Mens Masters Kumite  
Black Belt Womens Masters Kumite  
SWKKF Black Belt Mens Kumite  
SWKKF Black Belt Womens Kumite
- 2:30 Marshal and organize all Adult divisions
- 3:30 Black Belt SWKKF/WKF Modified Kumite Events  
Adult Brown belt divisions  
Adult white – blue divisions
- 5:00 Black Belt Team Kumite (subject to time)
- 6:00 Take Down
- 6:30 Dinner
- 7:00 Raffle draw

## Prices

Official Clinics – Free  
Workshops \$20, \$40/ family  
Tournament \$25 individual, \$60/family  
Just For Kicks - \$15 ages 3-5

Black belt Competitors - \$5 donation for those Officiating or assisting at the tournament (competitor only is \$25)

Sensei Luis Advanced Kumite Clinic - \$50

All tournament competitors will receive a tournament T-Shirt at check in.

***MUST register prior to Feb 23, 2019***

## Location Addresses

### **Officials Clinic - Thursday**

West Island College  
7410 Black foot Trail SE, Calgary

### **Workshop – Friday**

Crescent Point Regional Field House  
125 Field House Dr East, Okotoks, AB

### **Tournament - Saturday**

Crescent Point Regional Field House  
125 Field House Dr East, Okotoks, AB

### **Dinner – Saturday**

Crescent Point Regional Field House  
Catered – Purchase Tickets online

### **Sensei Luis Plumacher Kumite Clinic - Sunday**

Deer Run Community Centre  
2223 146th Ave SE, Calgary

## Additional Kyu Belt Information (rule modifications)

### Just For Kicks FLAG KUMITE

- Each participant with two flags, one flag on either side of belt (left/right): blue & red competitors
- Participant who captures both of their opponent's flags is declared the winner or the most flags after 1.5 minute run time, if tied – Hantei
- 2 matches for everyone: no single winner

### KATA

- Must be SWKKF Kata (Invitational athletes and brown belts may compete different kata)
- Pinan Katas cannot be above competitor's rank
- Optional SWKKF Katas can be competed at any rank – kyu belt and black belt appropriate
- Tie Break Kata – Simultaneous Kata as determined by Centre Referee
- Large Divisions will have finals
  - Divisions with 10-14 top 3 will compete another Kata in Finals
  - Divisions with 15 - 19 top 4 will compete another Kata in Finals
  - Divisions with 20+ top 6 will compete another Kata in Finals

### KUMITE

- All Kyu Belt Kumite Divisions will be Revised Single Elimination - guaranteed two matches: first match determines A or B side, then single elimination after match first match, bye will not count as a match.
- DQ will result in loss of match unless Official removes competitor from event
- Time for Matches
  - White to Yellow Youth Divisions - 1.5 min Run Time
  - Orange Youth Divisions - 1.75 min Run Time
  - Green Youth through Adult Kyu Belts - 2 min Run Time

### SHINDO

- Beginner, Novice, Advance divisions

### AWARDS

- Just For Kicks FLAG KUMITE – each competitor will receive certificate and t-shirt if registered by Feb 23, 2019 – no medals
- Medals will only be awarded in each division to the top 3 for kata and top 3 for kumite

Link for [Shintani Tournament Rules](#)

# Black Belt Event Information and Rules

## Kata - 5 Events

1. Male Kata 16-34 all dan ranks
2. Female Kata 16-34 all dan ranks
3. Male Masters 35+ all dan ranks\*
4. Female Masters 35+ all dan ranks\*
5. Open Yunshana (Black Belt) Kata: single elimination seeded
  - Round 1- Pinan – chosen by center official
  - Round 2- Open Shintani kata (invitational guests - compete a kata similar to Shintani kata)
  - Round 3- Open styles kata
  - Round 4- choice - Kushanku, Kankusho, or Chatanyara kushanku

\*Maybe combined if less than 5 per division

- Divisions with 10-14 top 3 will compete Kata as determined by Centre Referee in Finals
- Divisions with 15 - 19 top 4 will compete Kata as determined by Centre Referee in Finals
- Divisions with 20+ top 6 will compete Kata as determined by Centre Referee in Finals

Yudansha can compete any Kata, with no rank or dan restrictions! This means competitors should start practicing, or learning, katas that they think will compete at the tournament. Katas from a different style must conform to the style or you will be heavily penalized.

## Kumite - 9 Events

Male Kumite (WKF/SWKKF combined Rules)\*\*

1. <70kg
2. <84kg
3. >84kg

Female Kumite (WKF/SWKKF combined Rules)\*\*

4. >60kg
5. <60kg

\*\*Drawsheet - Revised single elimination with a repechage

6. Male Kumite 16-34 all dan ranks (SWKKF Rules)\*\*\*
7. Male Masters Kumite 35+ (SWKKF Rules)\*\*\*
8. Female Kumite 16-34 all dan ranks (SWKKF Rules)\*\*\*
9. Female Masters Kumite 35+ (SWKKF Rules)\*\*\*

\*\*\*Drawsheet will be Revised double elimination

## Team Kumite - 1 Event

- Teams will consist of 1 female and 3 males – black belts only
- WKF/SWKKF combined Rules (Appendix A)
- Each match will be completed at either 2 min run time, DQ, or 8 point spread.

## Shindo – 1 Event

Yudansha Level in Shindo

# Appendix A

## WKF/SWKKF Rules Combined

### Scores – Ippon, Wazari, Yuko

IPPON, 3 points, is awarded for:

- Jodan kicks
- A scoring technique immediately delivered on a thrown or fallen opponent

Note: throws where the opponent is grabbed below the waist, grabbed with two hands, thrown without being held onto, thrown dangerously, or where the pivot point is above belt level, are all prohibited - warning, penalty or DQ will occur.

WAZARI, 2 points, is awarded for:

- Chudan kicks

YUKO, 1 point, is awarded for:

- Chudan or Jodan Tsuki
- Chudan or Jodan Uchi

**Scoring targets** - limited to the following areas:

- Head – not back of head in line with spine
- Chest
- Abdomen
- Face
- Back - not crossing the spine
- Side of body

**Score is awarded** - when a technique is performed according to the following criteria to a scoring target area:

- Good form- characteristics conferring probable effectiveness within the framework of traditional Karate concepts
- Sporting attitude - refers to a non-malicious attitude of great concentration obvious during delivery of the scoring technique
- Vigorous application - defines the power and speed of the technique and the palpable will for it to succeed
- Awareness (ZANSHIN) - the state of continued commitment in which the contestant maintains total concentration, observation, and awareness of the opponent's potentiality to counter-attack
- Good timing - delivering a technique when it will have the greatest potential effect
- Correct distance - delivering a technique at the precise distance where it will have the greatest potential effect

### Warnings

#### Category 1

**On the 4<sup>th</sup> warning result will be \*DQ**

1. Techniques which make excessive contact, having no regard to the scoring area attacked, and techniques which make contact to the throat.
2. Attacks to the arms or legs, groin, joints, or instep.
3. Attacks to the face with open hand techniques.
4. Dangerous or forbidden throwing techniques.

**\*Modification:** Contact to the face will result in a point, Category 1 penalty or DQ. DQ from match or event at the discretion of the referee based on, but not limited to, intent to injure and/or lack of control.

#### Category 2

**On the 4<sup>th</sup> warning result will be DQ**

1. Feigning, or exaggerating injury.
2. Exit from the competition area (JOGAI) not caused by the opponent.
3. Self-endangerment by indulging in behaviour, which exposes the contestant to injury by the opponent, or failing to take adequate measures for self-protection, (MUBOBI).
4. Avoiding combat as a means of preventing the opponent having the opportunity to score.
5. Passivity – not attempting to engage in combat. (Cannot be given in the last 15 seconds of the match.)
6. Clinching, wrestling, pushing, or standing chest to chest without attempting a scoring technique or takedown.
7. Grabbing the opponent with both hands
8. Grabbing the opponent's arm or karategi with one hand without immediately attempting a scoring technique or takedown.
9. Techniques, which by their nature, cannot be controlled for the safety of the opponent and dangerous and uncontrolled attacks.
10. Simulated attacks with the head, knees, or elbows.
11. Talking to, or goading the opponent, failing to obey the orders of the Referee, discourteous behaviour towards the Refereeing officials, or other breaches of etiquette.

#### Time

2 minute stop time